

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 07:30 untill 08:35. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Du Bois Cedric

Coaches: Claes Steven HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE MEN 11+ Heat:5, starttime: 08:55

Heat: 5/19 Lane : 8 Athlete: CLAES TIEBE Q-time: 01:44:02

PB (50m pool): 01:44.02 Antwerpen 15/03/2026 PB (25m pool): 01:39.81 SB: 01:44.02 Antwerpen 15/03/2026

	5 0 M	1 0 0 M	
PB	00:48.99	01:44.02	
	00:48.99	00:55.03	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+ Heat:9, starttime: 09:03

Heat: 9/19 Lane : 9 Athlete: JACQUEMYSNS KOBE Q-time: 01:31:08

PB (50m pool): 01:31.08 Gent 08/02/2026 PB (25m pool): 01:27.42 SB: 01:31.08 Gent 08/02/2026

	5 0 M	1 0 0 M	
PB	00:42.88	01:31.08	
	00:42.88	00:48.20	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+ Heat:12, starttime: 09:09

Heat: 12/19 Lane : 8 Athlete: CLAES ELIAN Q-time: 01:22:50

PB (50m pool): 01:22.33 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:20.74 SB: 01:22.33 Zwembad Brigitte Becue 26/04/2026

	5 0 M	1 0 0 M	
PB	00:39.04	01:22.33	
	00:39.04	00:43.29	
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:14, starttime: 09:12
Heat: 14/19 Lane : 6 Athlete: PUTTAERT ARTHUR			Q-time: 01:18:20
PB (50m pool): 01:18.20 Seraing 25/01/2026			PB (25m pool): 01:18.08 SB: 01:18.20 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:37.47	01:18.20	
	00:37.47	00:40.73	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 09:30
Heat: 4/18 Lane : 3 Athlete: VERMOESEN ESTÉE			Q-time: 01:45:76
PB (50m pool): 01:44.22 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 01:41.04 SB: 01:44.22 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:47.97	01:44.22	
	00:47.97	00:56.25	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:15, starttime: 09:53
Heat: 15/18 Lane : 7 Athlete: NSUBUGA SOFIA			Q-time: 01:25:22
PB (50m pool): 01:25.22 Antwerpen 20/07/2025			PB (25m pool): 01:21.74 SB: 01:25.34 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.60	01:25.22	
	00:39.60	00:45.62	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:16, starttime: 09:55
Heat: 16/18 Lane : 3 Athlete: VAN DER MEEREN LOTTE			Q-time: 01:19:41
PB (50m pool): 01:19.41 Antwerpen 27/07/2025			PB (25m pool): 01:17.73 SB: 01:19.50 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:37.14	01:19.41	
	00:37.14	00:42.27	
			

Coach feedback:

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Event number: 2: 100M BREASTSTROKE WOMEN 11+				Heat:17, starttime: 09:56	
Heat: 17/18 Lane : 1 Athlete: TRIOEN JOKE				Q-time: 01:23:35	
PB (50m pool): 01:23.35 Antwerpen 13/07/2025				PB (25m pool): 01:20.94 SB: 01:26.84 Antwerpen 15/03/2026	
	5 0 M	1 0 0 M			
PB	00:39.37	01:23.35			
	00:39.37	00:43.98			
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+				Heat:8, starttime: 10:14	
Heat: 8/14 Lane : 5 Athlete: JACQUEMYS KOBÉ				Q-time: 01:11:67	
PB (50m pool): 01:11.67 Antwerpen 08/03/2026				PB (25m pool): 01:15.50 SB: 01:11.67 Antwerpen 08/03/2026	
	5 0 M	1 0 0 M			
PB	00:33.70	01:11.67			
	00:33.70	00:37.97			
					

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+				Heat:10, starttime: 10:42	
Heat: 10/11 Lane : 1 Athlete: VAN DER MEEREN LOTTE				Q-time: 01:12:03	
PB (50m pool): 01:12.03 Lago Gent Rozebroeken 04/05/2025				PB (25m pool): 01:13.18 SB: 01:15.42 Antwerpen 19/04/2026	
	5 0 M	1 0 0 M			
PB	00:33.84	01:12.03			
	00:33.84	00:38.19			
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+				Heat:5, starttime: 11:04	
Heat: 5/12 Lane : 5 Athlete: CLAES TIEBE				Q-time: 03:01:05	
PB (50m pool): 03:01.05 Seraing 25/01/2026				PB (25m pool): 02:52.86 SB: 03:01.05 Seraing 25/01/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.98	01:28.24	02:14.04	03:01.05	
	00:41.98	00:46.26	00:45.80	00:47.01	
					

Coach feedback:

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Event number: 5: 200M BACKSTROKE MEN 11+					Heat:7, starttime: 11:13
Heat: 7/12 Lane : 7 Athlete: CLAES ELIAN					Q-time: 02:52:41
PB (50m pool): 02:52.41 Molenbeek 01/02/2026					PB (25m pool): 02:47.03 SB: 02:52.41 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:24.16	no time	02:52.41	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:10, starttime: 11:23
Heat: 10/12 Lane : 6 Athlete: PUTTAERT ARTHUR					Q-time: 02:34:56
PB (50m pool): 02:34.56 Molenbeek 01/02/2026					PB (25m pool): 02:30.30 SB: 02:34.56 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:14.93	no time	02:34.56	
	no time				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:6, starttime: 11:56
Heat: 6/16 Lane : 6 Athlete: VERMOESEN ESTÉE					Q-time: 03:26:76
PB (50m pool): 03:26.76 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 03:07.47 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.95	01:42.23	02:36.15	03:26.76	
	00:48.95	00:53.28	00:53.92	00:50.61	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:11, starttime: 12:16
Heat: 11/16 Lane : 9 Athlete: NSUBUGA SOFIA					Q-time: 02:51:61
PB (50m pool): 02:51.61 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 02:47.36 SB: 02:54.67 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.68	01:25.82	02:08.64	02:51.61	
	00:41.68	00:44.14	00:42.82	00:42.97	
					

Coach feedback:

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Event number: 6: 200M BACKSTROKE WOMEN 11+				Heat:14, starttime: 12:27	
Heat: 14/16 Lane : 5 Athlete: TRIOEN JOKE				Q-time: 02:39:71	
PB (50m pool): 02:37.82 Antwerpen 14/07/2024				PB (25m pool): 02:35.42 SB: 02:39.49 Antwerpen 19/04/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:37.82	
	no time				
					

Coach feedback: